

OFFICIAL NEWSLETTER OF
OPTICOLOGY
EYECARE

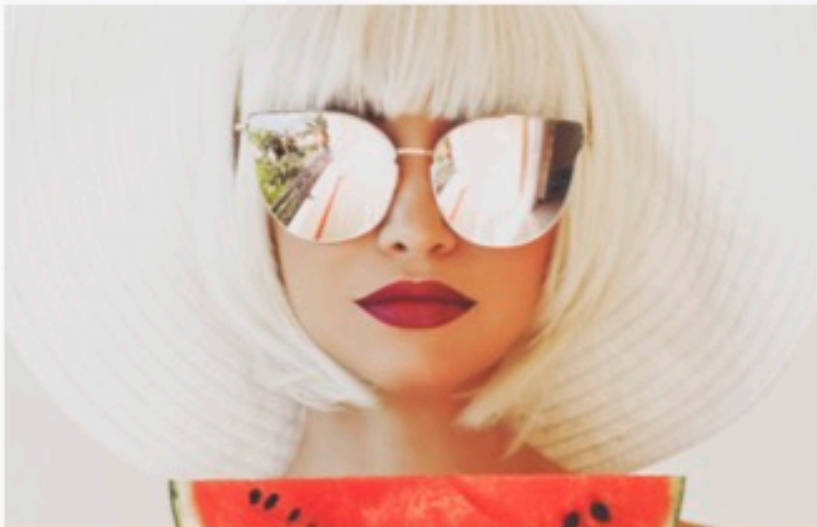
June 2021

Importance of Sun Protection

The most important benefit of wearing sunglasses is that they protect your eyes from ultraviolet (UV) light. UV light can have harmful effects on the eyelid, cornea, lens and retina. Many people do not realize that sunglasses are not only for bright summer days, they can be used year round.

Whether it's winter or summer, cloudy or sunny, you're always subject to ultraviolet exposure. Eye protection is especially important if you're on or near a body of water. Not only do you get direct sun exposure, but you also get reflected light from the water. Snow can also reflect sunlight, so when you play outside even in the winter, you still will be exposed to UV light. This meaning that you do still need to protect your eyes with a pair of sunglasses.

Excessive UV exposure can eventually lead to cataracts, corneal sunburn, macular degeneration, pterygium and skin cancer around the eyelids. Everyone, including children, is at risk for eye damage from UV radiation..



New Building Updates:

All interior walls have been installed and insulated. Dry wall is starting and electrical outlets are in place.



National Sunglass Day

June 27, 2021



OPTICOLOGY
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Your Vision is Our Passion.